

# Teeth & Gum Disease Care Kit

To Clean & Protect Your Smile

SRP

## Rotadent ProCare® Professional Rotary Toothbrush

- Clinically proven to be as effective as brushing and flossing combined
- Removes 92% of plaque in the first minute of brushing
- Provides consistently superior results in in-vitro stain removal from both flat and interproximal surfaces
- 1 year warranty

Box set includes: Brush handle, hollow-tip brush head, short-tip brush head, & charger

[More details at [www.denmat.com](http://www.denmat.com)]



## Pro-DenRx® Chlorhexidine

- Active ingredient in oral rinses to reduce dental plaque and oral bacteria
- Intended for use as an antimicrobial rinse between dental visits for the treatment of gingivitis (swelling of the gums)
- Ideal for patients undergoing active periodontal treatment

[More details at [denmat.com](http://denmat.com)]

## Pro-DenRx® 1.1% Neutral Sodium Fluoride Gel

- Home-care fluoride gel
- Prescription strength - Intended for use as a topical fluoride to prevent caries (decay) and control plaque development
- Safe for use on all patients, including those with restorations

[More details at [denmat.com](http://denmat.com)]



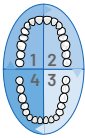
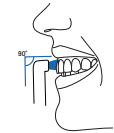
**CALL: 888-60-DENTAL**  
[westerndental.com](http://westerndental.com)

 **Western Dental®  
& Orthodontics**

# Instructions for Teeth & Gum Disease Care Kit



Rotadent ProCare® requires a tooth-by-tooth brushing technique. The 360-degree rotation may cause the brush head to slip off of the teeth during use, particularly when first getting used to this technique. To help correct this, stabilize the handle with a firm grip. Next, follow the margins of the gumline to ensure proper cleaning of all surfaces, as described below:



- **Brushing Technique:** Hold your Rotadent ProCare® so the brush tip meets your gum line and the tooth surface at a 90-degree angle. To thoroughly clean each tooth, make "M" motions on the top teeth to massage the gumline and "W" motions on the bottom teeth.
- **Built-in Timer:** To make sure you brush evenly, divide your mouth into four sections (or quadrants). Brush each quadrant thoroughly for 30 seconds, as indicated by the QuadTimer.
- **Note:** Some individuals may experience a mild tingling sensation when first using the Rotadent ProCare®. This should stop after a few days of use.

[Reference: Rotadent ProCare® User Manual]

## Pro-DenRx® Chlorhexidine

Generally recommended to use for two weeks.



- First brush and floss your teeth
- Measure out 1/2 fluid ounce (15 milliliters) as marked in the cap that comes with the bottle
- Swish the solution in your mouth for at least 30 seconds and then spit it out
- Do not swallow it. Do not mix it with water or other fluids. Do not eat or drink right after you use this medicine

15 milliliters  
noted on inside  
of bottle cap



[More details at [denmat.com](http://denmat.com)]

## Pro-DenRx® 1.1% Neutral Sodium Fluoride Gel

- Apply daily at bedtime, in place of your regular toothpaste or more often if your dentist recommends additional therapy based on the diagnosis
- Cover brush head with Pro-DenRx 1.1% Neutral Sodium Fluoride Gel and brush around all tooth surfaces and gum line for at least two minutes
- Spit out gel
- **Adults:** wait 30 minutes before rinsing mouth
- **Children under 12:** Rinse mouth thoroughly immediately after use

Cover brush  
head with gel



[Reference: DenMat product user guide]

Instructions have been provided for patient convenience. Please refer to the manufacturer's product guides included in their package for details.

